2015 Year-End Youth Culture Report
from HomeWord's Culture Blog

Introduction

Another year is drawing to a close, so if you've been too busy to keep up with all that has gone on in youth culture during 2015, you might find this resource helpful. Here, we have collected the headlines from the news items posted to our culture blog during the year, categorized them, and presented them below. You can browse through them quickly, or take time to do some in-depth catching up on the culture items you find most interesting. All headlines include embedded links to the complete post on HomeWord.com. Note: you will find many instances where headlines appears more than once throughout the document, which reflects headlines being assigned to multiple categories.

2015 Culture Cloud
—generated from blog post titles—
Adolescence

Teens Not as Good at Multitasking as Adults

Teen Girls Who Weigh-in Frequently May Become Depressed

ACL Injuries Are on the Rise in Kids and Teens

Teens Do Listen to Parents’ Advice About Sex

Early Life Stress Major Risk Factor for Adult Depression

High School Kids Tired, Stress, and Bored

Narcotic Painkiller Use in Adolescence May Raise Risk of Abuse in Adulthood

Less Than 25 Percent of Bullied Teens Receive Appropriate Care

Most Teen Mood Swings Decline With Age

Short Bursts of Exercise Good for Teen Hearts

Late Bedtimes Linked to Weight Gain in Teens

Teens, Technology, and Romantic Relationships

Family Structure Impacts Teens’ Future Attitudes on Alcohol

Biology, Not Laziness, Keeps Teens in Bed

Early Maturing Girls At-risk for Alcohol Abuse

Friendships in Adolescence Pave Way for Better Health in Adulthood

FOMO is Making Teens Terrible Drivers

Most Teens Start School Too Early to Get Enough Sleep

Teens Who Can’t Sleep Are More Likely to Self-Harm

High School Band Classes May Boost Teen Brains

The Teens They Are A-Changin’

U.S. Teens Waiting Longer to Have Sex

Teen Friendships: Birds of a Feather Flock Together & Stay Together
More Teen Baseball Players Undergoing Tommy John Surgery

The Case Against Laptops in the Classroom

Poor Health as Teen, Poor Job Prospects Later

Regular, Short Bursts of Intensive Exercise Improves Teen Health

The Fading of the Teen Summer Job

Gen Z Shifts Their Focus on College Admissions, Value of a Degree

Teen Brain “Working Memory” Linked to Risky Choices

Older Teens, Asians, at Highest Risk of Self-Harm

Jailed Teens More Likely to Drop Out, Return to Prison as Adults

U.S. Teen Birth Rate Continues to Drop

Consuming Energy Drinks and Alcohol Increases Risk of Teen Alcohol Abuse

Brains of Teen Drivers Respond Differently When Mom is in the Car

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Cell Phone: The Tween Rite of Passage

Caring Youth-Parent Relationships Vital to Preventing Teen Suicide Attempts

Researchers Identify Adolescent Traits to Becoming a Troubled Adult

National Sleep Foundation Issues New Recommendations for Children, Teens

Electronic Devices May Disrupt Teen Sleep

Teen Brain Not Fully Insulated, Signals Move Slower

Teen Body Image Perceptions Influence Adult Body Type

Consumption of Sugary Drinks Linked to Early Puberty in Girls

Most Pro-Pot Tweets Come from People Aged Younger than 25

Study Finds Teens Don’t Lose Weight to Impress Peers
Lack of Sleep Increases Risk of Teen Alcohol and Drug Problems

Teens Misperceive Peer Behaviors

**Alcohol & Drugs**

**Narcotic Painkiller Use in Adolescence May Raise Risk of Abuse in Adulthood**

Alcohol Ads Influence Teen Choices

Fewer Teens Smoking Cigarettes, but Marijuana Use Doubles

New App Aims to Keep Drunken College Students Safe and Sensible

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Addiction to Painkillers More Common Among Rural Teens

More Children Getting Drunk on Hand Sanitizers

Teens Find a New Use for E-cigarettes: Vaping Marijuana

Many Teens With Chronic Illnesses Use Alcohol, Pot

Daily Marijuana Use Among College Students at Highest Rate in 35 Years

Medical Marijuana May Pose Risk to Teens

Medical Marijuana Ads May Prompt Pot Use Among Teens

Teens Who Use Marijuana Due to “Boredom” Are More Likely to Use Other Drugs

Teens Unfamiliar with Harms of Pot, E-Cigs

Underage Drinking, Binge Boozing by Teens is on the Decline

Teens Start Misusing ADHD Drugs and Other Stimulants Earlier Than Previously Thought

Less Teen Sleep Linked to More Alcohol, Marijuana Use

Brain Differences Seen in Teenage Heavy Drinkers
Consuming Energy Drinks and Alcohol Increases Risks of Teen Alcohol Abuse

Repeated Alcohol Use by Teens Produces Lingering Brain Changes

E-Cigarette Use Triples Among Teens

Boozing in Movies May Boost Teen Drinking

Teen Binge Drinking Interferes with Brain Development

E-Cigs Tied to Drinking, Other Risky Teen Behaviors

Today’s Marijuana 3X More Potent Than in 1980s

Daily Marijuana Use by Teens Linked to Memory Problems

Teen Marijuana Use Raises Risk of Dropping Out of School

Teen Cigarette use Not Surpassed by E-Cigs

Most Pro-Pot Tweets Come from People Aged Younger than 25

Television Alcohol Ads Tied to Problem Drinking for Teens

Lack of Sleep Increases Risk of Teen Alcohol and Drug Problems

Alcohol, Marijuana Fuel Half of All Young Driver Car Crash Deaths

Many Teens Think Light Smoking is Safe

Teens With Strong Religious Worldviews More Likely to Avoid Drugs, Alcohol

Bullying

Bullies and Victims at Risk for Eating Disorders

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Cyberbullying on Rise, Particularly for Teen Girls

Cyberbullying Linked to Depression in Adolescents

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Bullying Leads to Depression and Suicidal Thoughts in Teens

Sibling Bullying More Common Than Schoolyard Bullying

**College**

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One in Four Female Undergrads Reports Sexual Misconduct

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Beloit College Mindset List for Class of 2019

The Case Against Laptops in the Classroom

Helicopter Parenting Increasingly Correlated with College-age Depression and Anxiety

Gen Z Shifts Their Focus on College Admissions, Value of a Degree

Anxiety Displaces Depression as Number One Mental Health Concern Among College Students

Most Students Expect Parents’ Financial Help After College

1 in 5 Women Sexually Assaulted During First Year of College

Fifth Year of High School Offers Some Students an Easier Transition to College

High Student Loan Debt Grows 10X in Past 8 Years

College Freshmen Party Less, Worry More About Money

Employers and College Students Differ on Readiness for Workforce

**Communication**

40% of Millennials OK with Limiting Speech Offensive to Minorities

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Eating Disorders
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A Good Breakfast Means Better Grades for Kids
Too High Parental Aspirations Can Hurt Child’s School Performance
High School Dropout Rate Has Fallen
Compulsive Texting Linked to Poor School Performance in Teen Girls
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Is Your First Grader College Ready?
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A Record Share of Young American Women Are Living With Family

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“Free Range” Parents Investigated for Child Neglect After Kids Walk Alone

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Caring Youth-Parent Relationships Vital to Preventing Teen Suicide Attempts

Finances

A Happy Holiday Season Expected for Retailers

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MasterCard Turns to Selfies as Next Wave in Online Security

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**Friendships**

Pressure to be Cool Can Lead to Downward Spiral for Teens

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Good Moods Infectious Among Teens

Teen Sexual Double Standard Impacts Friendships

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**Gaming**

Parent Emotions Influence Amount of Time Kids Play Violent Video Games

Video Gaming Maintains Its Cool Factor Among Teens

**Health Issues**

Brain Damage Study Shows Student-Athletes May be at Risk for CTE

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Smartphone Screens Have Negative Impact on Kids’ Sleep

Media

Teens Spend More Time on Media Each Day Than Sleeping

Alcohol Ads Influence Teen Choices

High School Grads Prefer YouTube as Top Video Service

Boys More Affected By Sexual Music Videos
**Mental Health**

Bullies and Victims at Risk for Eating Disorders

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Too High Parental Aspirations Can Hurt Child's School Performance

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Spiritual Life
Religious Kids Are More Selfish

Fewer Christians, More Unaffiliated in the U.S.

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Your Teen’s New Favorite Drug: Their Smartphone

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Millennials’ and Teens’ Top 10 Favorite Apps

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Teens Spending More on Experiences, Less on Possessions
Fatal Crashes Involving Teen Drivers Decline Sharply

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Teenagers Shape Each Other’s Views on Risk

Teens Getting Shut Out of the Work Force

Six in Ten Teen Crashes Linked to Distracted Driving

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It’s Not Just Texting That Distracts Teen Drivers

Americans Watching Less Live TV Than Ever Before

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