

REFLECTION QUESTIONS

1. What are you doing to ensure your children will become responsible adults? What area do you need to improve when it comes to enabling dependence?
2. Change involves loss. In what ways have you experienced a sense of loss as your children are making the transition to adulthood?
3. What emotions have you felt when/if your adult child has strayed from your values?
4. Why is it so critical that you not be a one-topic parent?
5. The anatomy of a lost faith has six stages. If your children have wandered from their faith, can you identify what stage they are in? If your children have not wandered, what would you say has helped them to be grounded in their faith?