

SESSION #1

WHY MARRIAGE MATTERS



The “I Do” you say today can shape a lifetime and impact generations.

SESSION OVERVIEW

This session sets the foundation for your journey by helping you understand the incredible purpose, potential, and impact of marriage.

WHAT YOU’LL DISCOVER



God’s design for marriage is good, beautiful, and purposeful.



A strong marriage brings joy, stability, and helps you become your best self.



Your marriage doesn’t just affect you—it impacts your family, community, and future generations.

KEY TAKEAWAYS



GOD INTENDED MARRIAGE

From the beginning, God created marriage as a sacred, lifelong partnership.



TWO BECOME ONE

Marriage is about unity—two people becoming one in love, purpose, and life.



A FORCE FOR GOOD

Strong marriages strengthen individuals, families, communities, and the world.



WORTH THE WORK

Every marriage has challenges, but investing early makes all the difference.



YOUR JOURNEY STARTS NOW

Small choices today build the foundation for a marriage that lasts.

“What you do in the first few years of your marriage, if you make wise decisions, will open the doorway to a successful marriage.”

— GARY CHAPMAN, PhD,
author of *The 5 Love Languages*



WHY IT MATTERS: THE IMPACT OF A STRONG MARRIAGE



BETTER TOGETHER

You encourage each other, face life’s challenges together, and celebrate every win.



STRONGER FAMILIES

A healthy marriage creates a stable, loving home where children thrive.



GREATER INFLUENCE

Your marriage can be a light and an example that inspires others around you.



LASTING LEGACY

The love and values you build today can empower future generations.



ETERNAL PURPOSE

Marriage reflects God’s love and points others to His faithfulness.



YOUR FIRST STEP

Start this journey with intentionality. Keep learning, keep loving, and keep choosing each other—every day.



This is your first step toward a marriage that not only survives—but thrives!



THE GOAL: ADULT-TO-ADULT RELATIONSHIP & ENJOYING DEEPER CONNECTION

A marriage built on friendship, respect, shared purpose, and a love that keeps growing.



“The best time to build a strong marriage is before you need one.”

